



SCHOOL'S OUT!! Fri. Feb 20th Live well & Have Fun with Panorama!

1885 Forest Park Drive
North Saanich BC V8L 4A3



250.656.7271
www.panoramarecreation.ca

Pro-D Day Adventures @ Greenglade

6 - 11 yrs

Looking for a fun way to spend your day off from school?

Join us every Pro-D Day for an action-packed day of games, sports, group activities, arts &

crafts and swimming or skating! Each day we have a special camp theme, see below. Activity schedules will be posted on our website 1 week prior to course date. Pre & post camp care are available for an additional cost for Pro D campers. Children 5 years old who have completed Kindergarten can register.



THEME: Survivor

Location: Greenglade Community Centre Room #7
90663 F 9am - 4pm Feb 20 \$32

Pro-D Days with Clay

6 - 12yrs

Discover the exciting material of clay! Every Pro-D day will offer an inventive project in clay sculpture. A dynamic instructor will guide the students with their pieces and no previous clay experience is necessary. Please bring a peanut free snack.

Location: Greenglade Community Centre Room #3
89931 F 9am - 12pm Feb 20 \$40



Four simple guidelines for raising healthy children



Advice on proper nutrition and physical activity can be confusing and at times overwhelming. 5-2-1-0 simplifies this information into four simple guidelines.



\$2 School's Out Swim

Fri, Feb 20, 1 - 3pm

Stay active and have fun at the pool during this month's non-instructional day. The waterslide will be open.

\$2 School's Out Skate

Fri, Feb 20, 1 - 2:20pm

Get your skate on! Everyone is Welcome to enjoy music, games and great prizes during this fun, afternoon skate
Skate rentals are \$3.50.

Forgot your helmet? Borrow one of ours!



Summer Camp & Program Registration available ONLINE ONLY starting April 22nd

Girl's Night Out

9 - 12yrs

Girls Night Out is about embracing and empowering young girls, exactly as they are. It's about coming together to connect and build community. This two hour class will encompass a nourishing blend of yoga, music, dance, meditation, mindfulness, mandalas, healthy snacks as well as relaxation and breathing.

Location: Greenglade Community Centre – Room #5
92284 F 7pm - 9pm Feb 13 \$19

Babysitting Training

11-15yrs

Designed by the Canada Safety Council, this course covers rights and responsibilities, child development, behavioral problems, nutrition, safety, handling emergencies or a sick child, games, and basic first aid. Participants will work from a child care manual; each course graduate is presented with a wall certificate and graduation wallet card. Please bring a drink and lunch to each session.

Location: Greenglade Community Centre – Room #6
90818 F 9am - 5pm Feb 20 \$60



Family Day is Monday, February 9th. Panorama Recreation encourages you to get active with your family!

Celebrate Family Day with us by enjoying draw prizes and \$2 admission to swimming, skating and the weight room. Be sure to join Panorama Recreation at Sidney's Family day events in Sidney.

SPRING BREAK CAMPS

Spring Break is approaching quickly, and we're ready to have some fun! With over 10 exciting activities, Panorama has something for everyone this Spring Break. Try Tae Kwon Do, Horseback Riding or Gymnastics; blast-off in our Mad Science Camp or go for the gold with Sportball's Soccer & Lacrosse Clinic! Love to swim? We've got camps in the pool for kids aged 3-9yrs. Try a bit of everything in our 'Sun-sational' Camp, where you'll play games and sports, do arts and crafts and have a daily swim or skate.

To register, or for more information, call 250-656-7271 or visit our website:
www.panoramarecreation.ca.



FREE ANNUAL YOUTH PASS

ACTIVE TODAY **HEALTHY** TOMORROW

GETTING THE WHOLE FAMILY MORE ACTIVE IS NOW AS EASY AS 1, 2, 3!

1. PURCHASE AN ADULT ANNUAL PASS FOR \$32.92/MONTH (NO FEES).
2. RECEIVE A **FREE** ANNUAL YOUTH PASS FOR EACH CHILD* AGED 18 YEARS OR YOUNGER LIVING AT THE SAME ADDRESS. (* LEGAL DEPENDANT)
3. BRING THE WHOLE FAMILY TO ENJOY OUR MANY DROP-IN ACTIVITIES AT OUR VARIOUS LOCATIONS.

OR ... PURCHASE THE YOUTH PASS FOR **\$59** WITHOUT AN ADULT PASS PURCHASE.

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