ADMISSION FEES

apply unless Regular admiss

NOISSIN	FREE	\$3.50	\$6.75	\$5.50	\$13.50	\$3.50/hr or \$33.60/10hrs
SINGLE ADMISSION	Under 6 yrs	6 to 18 yrs	19 to 59 yrs	60 yrs+	Family *	Childminding

Active passes are non-refundable & non-transferable & must be scanned for admission. Your lost pass can be eplaced at a cost of \$10. All rates include GST.

\$3.50

Skate Rentals

= 2 adults & up to 3 yc s) or 1 adult & up to 4 yo ars) living at the

*** Enjoy all drop-in activi regional recreation centre

Best Value	19 YEARS+	IEFITS details)	\$56	\$134.40	\$38.27/month (\$229.60)	\$32.92/month (\$395)	\$41.66/month \$475***
-T	18 years & Under	NEW PASS BENEFITS (See brochure for details)	n/a	n/a	n/a	\$59	\$41.66/ month \$475***
otherwise stated.	Monthly Passes	NEV (Se	1 Month	3 Month	6 Month	12 Month	12 Month Regional Pass

		_	
Per Visit Passes	6 - 18 yrs	19 - 59 yrs	60 yrs+
10 Visits	\$31.50	\$60.80	\$49.50
25 Visits	\$74.50	\$143.75	\$117
50 Visits	\$140	\$270	\$220

Active passes can be purchased & renewed online at www.panoramarecreation.ca \$15 Finance fee applies to each returned/declined monthly payments. Active passes & benefits are non-transferable.

efits are non-tra



Phone 250.656.7271

Drop-in SchedulesPress 1	Arena & Room Rentals, Birthday Parties & Private Swim LessonsPress 2	Staff DirectoryPress 3	Program Information /Registration & Court BookingsPress 4
Drop-in Schedules	Arena & Room Rentals, Birthday Parties & F	Staff Directory	Program Information /Registration & Court B





Special Events Court Rentals Weight Room Swimming **Fitness Class** Skating

000 <u> 2014 - Jan. 4,</u> Dec. 20,

1885 Forest Park Dr. 250.656.7271

www.panoramarecreation.ca N. Saanich, BC V8L 4A3



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POOL SWIM DROP-IN SCHEDULE

Effective Dec 20, 2014 - Jan 4, 2015 (See holiday column for closures & reduced hours)

Please enjoy the swirl pool, sauna, steam room and river run any time or day of the week! Aquafit see next page.

	-					-	10
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	HOLIDAY
		LEN	IGTHS & LEISUF 6–8:30am	RE			Wed, Dec 24 6am - 2:30pr
LEISURE & WIDTHS 8:30–10:30am	LEISURE 8:30–10:30am	LEISURE & WIDTHS* 8:30–10:30am	LEISURE* 8:30–10:30am	LEISURE & WIDTHS* 8:30–10:30am		SURE D:30am	Thurs, Dec 2 Closed
	LE	NGTHS & LEISU		1	LENGTHS & LEISURE 9:30– 11:30am	LENGTHS & LEISURE 9:30- 11:30am	Fri, Dec 26 10am - 8pm Wed, Dec 3 6am - 4pm
		10:30am– 1pm				<mark>& LEISURE</mark> m -1pm	Thurs, Jan 1 10am - 8pm
		ERYONE WELCO 1-3pm atable Crocodile 1 - 2			-	WELCOME :30pm	FREE ADMISSION January 1st with a donati per person t
LENGTHS & LEISURE 3-6pm	LE	NGTHS & LEISU 3-5pm	JRE	LENGTHS & LEISURE 3-5:30pm	LENGTHS & LEISURE* 3:30-6:30pm	LENGTHS & LEISURE 3:30-5pm	our food hamper!!! Please refe to our regul
	LENGTHS & LEISURE 5-6pm	LENGTHS & LEISURE 5-6pm	LENGTHS & LEISURE 5-6pm	LENGTHS & LEISURE 5:30-6:30pm		LENGTHS & LEISURE 5-6:30pm	schedule fo swim type during holida hours.
LENGTHS & LEISURE 6–7:30pm	LENGTHS & LEISURE 6–8pm	\$2 EVERYONE WELCOME 6-7:30pm	LENGTHS & LEISURE 6–8pm	LENGTHS & LEISURE 6:30–7:30pm Dec 26 6:30 - 8pm	LENGTHS & LEISURE 6:30–8pm	\$2 LENGTHS & LEISURE 6:30–7:30pm	PLEASE NO This is a mu use shared facility.
LENGTHS & LEISURE 7:30 - 10pm	LEISURE 8-9pm	LENGTHS & LEISURE 7:30 - 10pm	LEISURE 8-9pm	EVERYONE WELCOME 7:30-9pm	EVERYONE WELCOME EXTREME SWIM	LENGTHS & LEISURE 7:30-10pm	Please visit c online drop in schedule for a listing specialty clas
	15+ LENGTHS & LEISURE 9-10:30pm		15+ LENGTHS & LEISURE 9-10:30pm	LENGTHS & LEISURE 9 - 10:30pm	8-10pm		swim clubs a other rentals t may be shari the facility
	Private pool re	entals are available	e. Please call 250.6	55.2182 for more i	nformation.		
		un an al using a second second		had ad in the			
WATERSLIDE OPI EVERYOI WELCON	NE Fun for the wh	nole family! Waters	ons of swim times s lide, spray toys and ble crocodile Mon	d diving board ope	en! 1 Lane is avail	able in the main p	ool for length
LENGT & LEISU	RF available exce		main pool. Lane rop Please visit our onli 9 the facility.				
LEISU & WIDT		ing is available in t ngths & Leisure swi	the main pool whil im on holidays.	e aquafit takes pla	ce. Leisure lane a	nd leisure pool ar	e available duri
LEISU	Limited space	in main pool at this	time due to aquafit s of swim times shac				and leisure pool.
EXTREME SW		all ages but caters e also available upo	to youth 11-16yrs. on request.	Loud music and ex	treme games will	be taking place in	the pool. Extre

Aquatic Fitness

Effective Dec 20, 2014 - Jan 4, 2015 (No Classes Dec 24, 25, 26, 31 & Jan 1)

Classes subject to cancellation due to low attendance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Deep Power Aquafit 8:30 - 9:25am	Shallow Water Aquafit 8:30 - 9:25AM	Deep Power Aquafit 8:30 - 9:25AM	Shallow Water Aquafit 8:30 - 9:25AM	Deep Power Aquafit 8:30 - 9:25AM	Combo Aquafit 8:30 - 9:25ам	Combo Aquafit 8:30 - 9:25AM
Shallow Water Aquafit 9:30 - 10:25AM	Deep Water Aquafit 9:30 - 10:25AM	Shallow Water Aquafit 9:30 - 10:25AM	Deep Water Aquafit 9:30 - 10:25AM	Shallow Water Aquafit 9:30 - 10:25am		1
	Aqua Spin 11:30ам - 12:30рм		Aqua Spin 11:30ам - 12:30рм		-	
Light & Easy Aquafit 12 - 12:45pm		Light & Easy Aquafit 12 - 12:45 _{PM}		Light & Easy Aquafit 12 - 12:45pm		
	Aqua Bootcamp 8 - 9рм		Aqua Bootcamp 8 - 9рм		-	

AQUA SPIN	The Aqua Spin classes are similar to a spinning class but take place on a Hydrorider bike that has been built for the water. Cycling in the water causes less impact on your back and joints and the constant water massage enhances circulation and increases blood flow. Bike classes are limited to 13 participants and are available on a first-come, first served basis. See below on how to reserve Spin bikes.
DEEP POWER, SHALLOW, COMBO, AQUA BOOT CAMP	All Classes will provide you with a challenging workout with little to no impact on your joints! Start each class with 5-10 min of warm-up, 30-35 min of cardio and 10-15 min of strength and stretching.
LIGHT AND EASY AQUAFIT	This exercise program is suitable for people who have recovered from an injury and/or surgery, live with arthritis or are currently sedentary. Our instructors will take you through exercises that work on range of motion, flexibility and light walking. Great peer support and social interaction.
To recome Coin biles	

To reserve Spin bikes:

Option 1: Pay the drop-in rate or swipe your active pass and pick up your ticket from reception up to 30 minutes prior to the class start time.

Option 2: To reserve in advance, book a bike 60 minutes or more prior to the start of the class online at www.panoramarecreation.ca. A \$2+gst reservation fee per bike per class applies. Bikes must be claimed by class start time, or your reservation is no longer valid. No refunds. Upon arrival, pay the drop-in rate or swipe your active pass and pick up your ticket from reception.

Returning in January

Aqua Yoga Drop-in Classes

MONDAY	WEDNESDAY
Аqua Yoga	Аqua Yoga
10:30ам - 11:15ам	10:30ам - 11:15ам

Aqua Yoga

to the water environment. You feel virtually weightless in water so the stretches and movements can be accomplished without strain. It makes exercising safer for many people; especially those with weight problems, injuries or who are pregnant.



GREENGLADE DROP-IN ACTIVITY SCHEDULE Effective Dec 20, 2014 - Jan 4, 2015

Facility Closed Dec 25, 26 & Jan 1 @ Greenglade Community Centre



MONDAY	TU	JESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Greenglade Weight Room 8:30ам - 4рм	Wei	eenglade ght Room Оам - 4рм	Greenglade Weight Room 8:30am - 4pm		Greenglade Weight Room Jan 2 only 8:30am - 4pm		
Pottery 8:30ам - 4рм		Pottery Оам - 4рм	Pottery 8:30am - 4pm		Pottery Jan 2 only 8:30am - 4pm		
\$3 PickleBall 9ам -12рм			\$3 PickleBall 9ам -12рм		\$3 PickleBall Jan 2 only 9am -12pm		
	ר	tal Body Toolbox 5 - 10:15ам	Fitness Yoga Dec 31 оnly 9:15 - 10:15ам		Fitness Yoga 9:15 - 10:15ам		
Fitness Yog	а	Tighten & to	ne with Fitness Yoga	, an invigorating com	bination of tradition	al fitness training and	d yoga poses.
PickleBall		16 yrs + Dro friend or try	p-in and play recrea playing against som	tional level Pickle ba eone else! Participan	ll. Balls are provided ts responsible for set	; please bring your c -up/take down. <mark>Only</mark>	wn paddle. Bring a <mark>\$3!</mark>
Pottery		16 yrs+. Extra pottery practice time available for pottery students in the community. Orientations are require experienced students who have not taken a course through Panorama Recreation. Pottery Students must lead later than the exact ending time. \$8 Drop-in or Pottery Pass Only.				are required for ents must leave no	
Total Body Too	lbox	This fitness of	class will provide a to	n of variety, from Ou	tdoor TRX to BOSU, fr	om interval training	to body bar.
Weight Roo	m		eadmills, bikes, ellipt tubing, medicine bal		wing machine, a sma	ll selection of weight	t machines,



Arena Drop-in Schedule

Effective Dec 20, 2014 - Jan 4, 2015

Drop-in activities subject to cancellation due to low attendance. No sessions Dec 25.

	·		
Sat. Dec 20	11ам - Зрм Winter Wonde Family Carniva	rland Everyone Welcome Skate* al	Tues. De
Sun. Dec 21	skate and som		Wed. De
Mon. Dec 22	11ам - Зрм Winter Wonde	rland Everyone Welcome Skate*	
Tues. Dec 23	6 - 8рм	rland Everyone Welcome Skate* rland Everyone Welcome Skate*	Thur. Jai
Wed. Dec 24	11ам - Зрм Winter Wonde	rland Everyone Welcome Skate*	Fri. Jan 2
Thur. Dec 25	Facility closed		
Fri. Dec 26	11ам - Зрм Winter Wonde	rland Everyone Welcome Skate*	Sat. Jan
Sat. Dec 27	11ам - Зрм Winter Wonde	rland Everyone Welcome Skate*	Sun. Jan
Sun. Dec 28		erland come FREE Skate* entral Saanich White Spot	* Please all drop-
Mon. Dec 29	11ам - Зрм Winter Wonde Everyone Wel		an drop-
•	Welcome onderland	Everyone Welcome. Join us for daily skat rated wonderland with lights and music ber 20th, enjoy hot chocolate, toboggar games and a special visit from Santa.	. On Decem-

Everyone Welcome Winter Wonderland	rated wonderland with lights and music. On Decem- ber 20th, enjoy hot chocolate, toboggan run, kids games and a special visit from Santa.
Everyone Welcome	Bring your family and friends for fun, music and games. Brushing up on your skating skills? Instructors will be available to give you some tips!
Parent & Child Hockey	An opportunity for you and your young player to bring your sticks and soft pucks to shoot around. Helmets with full face guards are mandatory for all children. For children up to 12 years and parent.

Please wear a helmet. Don't have one? Borrow one of ours! We have over 100 helmets in various styles and sizes to choose from. Wear your helmet and you'll be automatically entered to win a FREE skating passes and other great prizes!

Skate rentals \$3.50/ person. Ice cleats are permitted on the ice during Winter Wonderland Everyone Welcome skates for those who wear a helmet. A small section of the ice will be designated for these non-skaters and beginners. This area will be sectioned off with cones and identified with signage. Please note that patrons wearing ice cleats must pay the dropin admission.

Weekend Special! A family of 5 can skate for just \$18 (including rentals) during Saturday & Sunday Everyone Welcome Skates.

Family = 2 adults & up to 3 youth (max 18 years) or 1 adult & up to 4 youth (max 18 years) living at the same address

Tues. Dec 30	11AM - 3PM Winter Wonderland Everyone Welcome FREE Skate* Courtesy of Central Saanich Lions. Enjoy free hot chocolate.
	6 - 8рм Winter Wonderland Everyone Welcome Skate*
Wed. Dec 31	11ам - Зрм Winter Wonderland Everyone Welcome Skate*
Thur. Jan 1	11ам - Зрм Arena A - Winter Wonderland Everyone Welcome Skate* Arena B - Adult Skate FREE ADMISSION January 1st with a donation per person to our food hamper!!!
	per person to our food hamper!!!
Fri. Jan 2	1 - 2:20рм Everyone Welcome
Sat. Jan 3	1 - 2:20рм Everyone Welcome
Sun. Jan 4	11:50ам - 12:50рм
	Parent & Child Hockey

Please note that 10 minute ice cleans will be done periodically during all drop-in skate sessions.



WEIGHT ROOM DROP-IN SCHEDULE



Effective Dec 20 - 26, 2014

@ Panorama Recreation Centre

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ОРЕ N 6ам - 10рм	ОРЕ N 6ам - 10рм	ОРЕМ 6ам - 10:30рм	ОРЕ N бам - 10:30рм	ОРЕN 6ам - 2:30рм	FACILITY CLOSED	ОРЕ N 10ам - 8рм
		SUPERVISED 7 - 9 ам 4 - 8 рм	SUPERVISED 8 - 10ам 4 - 8рм		ENJOY THE HOLIDAY	

Effective Dec 27, 2014 - Jan 4, 2015

@ Panorama Recreation Centre

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ОРЕМ бам - 10рм	ОРЕ N 6ам - 10рм	ОРЕМ 6ам - 10:30рм	ОРЕМ 6ам - 10:30рм	ОРЕ N бам - 4рм	ОРЕ N 10ам - 8рм	ОРЕМ 6ам - 10:30рм
SUPERVISED Jan 3rd only 10ам - 12рм		SUPERVISED 7 - 9 ам 4 - 8 рм	SUPERVISED 8 - 10ам 4 - 8рм	SUPERVISED 7 - 9 am		SUPERVISED 7 - 9 ам 3 - 7 рм

Featuring an extensive selection of strength training equipment, Treadmills, Stair Climbers, Concept II Rowers, NuSteps, Recumbent Bicycles, Upright Bicycles, Interactive Expresso Bikes, Elliptical Trainers and Adaptive Motion Trainer (AMT). We also have a variety of stability balls, medicine balls, balance boards and exercise tubing. Restricted to age 15 and older*. NOTE: *13+ who have taken Weight Training for Teens (p. 74) may attend during supervised hours or with a parent/guardian

Effective Dec 20, 2014 - Jan 4, 2015

@ Greenglade Community Centre

MONDAY	TUESDAY	WEDNESDAY	FRIDAY
8 ам - 4 рм	8ам - 4рм	8ам - 4рм	8ам - 4рм
			Jan 2nd Only

rill be available to assist you with your weight training program. If you or have questions regarding exercise technique, the attendant will be p-in times.

> Featuring treadmills, bikes, elliptical trainers, a small selection of weight machines, dumbbells, tubing, medicine balls, BOSUs and more

FITNESS DROP-IN SCHEDULE



Cardio +	An extended cardio session with hi/lo impact moves and some floor work. Small equipment may be used during the class. All levels welcome.
Kettlebell Core	The unique design of the Kettlebell will challenge your CORE to the max! Not only does Kettlebell training improve strength, balance and core conditioning, it also challenges your cardiovascular fitness. Your heart will be pumping!
Movin' On Up	Self-paced, mild to moderate, low impact aerobic workout, followed by a strengthening session. Coffee time follows.
Power Body Step	Put the power into your step with this all in workout of cardio and strength conditioning! A blend of step choreography, and athletic TABATA drills will be followed by strength training exercises using weights, body bars, bands and balls to shape and tone your mind and body. All levels welcome.
Sport Step	Come join this high energy step class with all the moves! Some instructors may use small equipment to add a strength component. Come prepared for the challenge!
Spin Classes (Indoor Cycling)	Join us for the ultimate workout combining both aerobic and anaerobic exercise through drills and speed work. Build strength, endurance and flexibility in a fun environment that allows you to modify to your own intensity level. Please bring a water bottle and towel. See below on how to reserve a spin bike.
Total Body Conditioning	Work your entire body using resistance tubing, weights, body bars, stability balls, gliders and the BOSU. If you like variety and strength training, this is the class for you!
TRX Suspension Training	This intense workout will build your strength, balance and flexibility and burn fat. You control how easy or hard you want to work. Whether you are an athlete or just want to get back into shape, the TRX will help you reach your fitness goals! **Registered program, drop-in available if space permits.
jazzencise , it shows.	Join our specially trained Jazzercise instructors in a fun and effective total body workout. Burn up to 600 calories in one of our 60 minute classes choreographed to today's hottest music. Jazzercise Body Sculpting is a 50 minute strength class using various equipment. *Panorama Recreation drop-in rates do not apply. See page 79 of the 2014 Winter/Spring brochure for rate information.

To reserve Spin bikes:

Option 1: Pay the drop-in rate or swipe your active pass and pick up your ticket from reception up to 30 minutes prior to the class start time.

Option 2: To reserve in advance, book a bike 60 minutes or more prior to the start of the class online at www.panoramarecreation.ca. A \$2+tax reservation fee per bike per class applies. Bikes must be claimed by class start time, or your reservation is no longer valid. No refunds. Upon arrival, pay the drop-in rate or swipe your active pass and pick up your ticket from reception.

FITNESS DROP-IN SCHEDULE

Effective Dec 20, 2014 - Jan 4, 2015

(No Classes Dec 25, Dec 26 & Jan 1) 13 yrs+. For fitness class descriptions, see previous page. Classes subject to cancellation due to low attendance.

STUDIO FITNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cardio +		Cardio +		Cardio +	Sport Step	
8:30 - 9:30ам		8:30 - 9:30ам		8:30 - 9:30ам	8:45 - 9:45ам	
Sport Step	Movin' on Up	Total Body Conditioning		Sport Step		Total Body Conditioning
9:40 - 10:40ам	9 - 10ам	9:40 - 10:40 _{АМ}		9:40 - 10:40ам		5
						9:30 - 10:30ам
Total Body					Jazzercise*	
Conditioning 10:50 - 11:50AM					10 - 11ам	
Power Body Step 5:30 - 6:30рм						
Jazzercise*						
6:45 - 7:45 рм						

*Panorama Recreation drop-in rates do not apply. \$12 drop-in, \$7 student.

SPIN ROOM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Spin 9 - 9:45ам	Spin 9 - 9:45м	Spin 9 - 9:45м		Spin 9 - 9:45ам	Spin 8:45 - 9:45ам	Spin Jan 4th only 8:45 - 9:45am
				Spin 1:15 - 2рм	Spin Jan 3rd only 10 - 10:45AM	Spin 10 - 10:45ам
Spin 5:30 - 6:15рм	Spin 5:30 - 6:15рм					

MEZZANINE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TRX		TRX		TRX	Kettlebell Core	
9 - 10ам		10 - 11am		9 - 10ам	10 - 11ам	
				HIIT	TRX	TRX
				12 - 12:45рм	Dec 20 & Jan 3	Dec 21 & Jan 4
					11ам - 12рм	11ам - 12рм
TRX	TRX					
6:30 - 7:30рм	6 - 7рм					

Winter Break Camps

'Polar Express' Winter Break Camp

6 - 11yrs

All aboard! Hop on the Panorama Polar Express for loads of fun and excitement during your holiday break. We're full speed ahead with games, activities, crafts, swimming, skating and much more! Themebased activity schedules are available two weeks prior to start of camps. Daily registration is \$32/full day or \$18/half day.

Location: Greenglade Community Centre Room #7

Full Day

Jay			
9am - 4pm	Dec 22	\$32	88063
9am - 4pm	Dec 23	\$32	88064
9am - 4pm	Dec 24	\$32	88065
9am - 4pm	Dec 29	\$32	88066
9am - 4pm	Dec 30	\$32	88067
9am - 4pm	Dec 31	\$32	88068
9am - 4pm	Jan 2	\$32	88069
Day AM			
9am - 12:30pm	Dec 22	\$18	88113
9am - 12:30pm	Dec 23	\$18	88114
9am - 12:30pm	Dec 24	\$18	88115
9am - 12:30pm	Dec 29	\$18	88117
9am - 12:30pm	Dec 30	\$18	88118
9am - 12:30pm	Dec 31	\$18	88119
9am - 12:30pm	Jan 2	\$18	88120
Day PM			
12:30pm - 4pm	Dec 22	\$18	88121
12:30pm - 4pm	Dec 23	\$18	88122
12:30pm - 4pm	Dec 24	\$18	88123
12:30pm - 4pm	Dec 29	\$18	88124
12:30pm - 4pm	Dec 30	\$18	88125
12:30pm - 4pm	Dec 31	\$18	88126
12:30pm - 4pm	Jan 2	\$18	88127
	9am - 4pm 9am - 4pm Day AM 9am - 12:30pm 9am - 12:30pm - 4pm 12:30pm - 4pm 12:30pm - 4pm 12:30pm - 4pm	9am - 4pm Dec 22 9am - 4pm Dec 23 9am - 4pm Dec 24 9am - 4pm Dec 29 9am - 4pm Dec 30 9am - 4pm Dec 31 9am - 12:30pm Dec 22 9am - 12:30pm Dec 23 9am - 12:30pm Dec 24 9am - 12:30pm Dec 30 9am - 12:30pm Dec 31 9am - 12:30pm Dec 21 12:30pm - 4pm Dec 22 12:30pm - 4pm Dec 22 12:30pm - 4pm Dec 22 12:30pm - 4pm Dec 23 12:30pm - 4pm Dec 24 12:30pm - 4pm Dec 22 12:30pm - 4pm Dec 23 12:30pm - 4pm Dec 24 12:30pm - 4pm Dec 23 12:30pm - 4pm Dec 24 12:30pm - 4pm Dec 30 12:30pm - 4pm Dec 31	9am - 4pm Dec 22 \$32 9am - 4pm Dec 23 \$32 9am - 4pm Dec 29 \$32 9am - 4pm Dec 29 \$32 9am - 4pm Dec 30 \$32 9am - 4pm Dec 31 \$32 9am - 4pm Jan 2 \$32 Day AM 9am - 12:30pm Dec 22 \$18 9am - 12:30pm Dec 23 \$18 9am - 12:30pm Dec 30 \$18 9am - 12:30pm Dec 30 \$18 9am - 12:30pm Dec 31 \$18 9am - 12:30pm Jan 2 \$18 9am - 12:30pm Dec 31 \$18 9am - 12:30pm Jan 2 \$18 9am - 12:30pm Dec 31 \$18 9am - 12:30pm - 4pm Dec 22 \$18 12:30pm - 4pm Dec 23 \$18 12:30pm - 4pm Dec 24 \$18 12:30pm - 4pm Dec 29 \$18

'Polar Express' Camp Pre Care

6 - 11yrs

Available before 'Polar Express' Winter Break Camp.

Location: Greenglade Community Centre Gymnasium

М	8am - 9am	Dec 22	\$5	88070
Tu	8am - 9am	Dec 23	\$5	88071
W	8am - 9am	Dec 24	\$5	88072
М	8am - 9am	Dec 29	\$5	88073
Tu	8am - 9am	Dec 30	\$5	88074
W	8am - 9am	Dec 31	\$5	88079
F	8am - 9am	Jan 2	\$5	88080

'Polar Express' Camp Post Care

6 - 11yrs

Available after 'Polar Express' Winter Break Camp. No post care Dec 24th.

Location: Greenglade Community Centre Room #9

Locatio	n. diccligiade et			
М	4pm - 5pm	Dec 22	\$5	88081
Tu	4pm - 5pm	Dec 23	\$5	88082
Μ	4pm - 5pm	Dec 29	\$5	88084
Tu	4pm - 5pm	Dec 30	\$5	88085
W	4pm - 5pm	Dec 31	\$5	88087
F	4pm - 5pm	Jan 2	\$5	88089

Sportball Multi-Sport Camp 3 - 9yrs

Join the Sportball team for a camp experience that your child will never forget! Children will participate in the skills and games of eight different ball sports. Sports include: soccer, hockey, basketball, baseball, volleyball, tennis, golf and football. Camps also incorporate arts and crafts, music, co-operative games and theme days. Activities will run indoors and outdoors as weather permits. Please bring a nut free snack and drink.

Location: Greenglade Community Centre Room #9

Instructor: Sportball Staff

3 - Syrs M, Tu, W, F 9am - 12pm Dec 29 - Jan 2 4/\$112 87693

6 - 9yrs

M, Tu, W, F 1pm - 4pm Dec 29 - Jan 2 4/\$112 87694

Be an Author Camp

6 - 13yrs

Do you like to write stories and draw? Then you'll love this fun writer's camp! We'll create great stories, design multimedia illustrations and publish our own books. You can produce a chapter book, comic book, picture book or short story. Fiction or fantasy, it's up to you! Friends and family are invited to our 'Author's Reading' the last half hour of camp. All camp supplies included.

Location: Greenglade Community Centre Room #6

Instructor: Wendy Franklin

M, Tu, W, F 9am - 12pm Dec 29 - Jan 2 4/\$75 87923

Horse'n Around

Horseback Riding Camp

8 - 14yrs

Learn to ride on safe, experienced schooled horses. This camp will cover basic riding skills, horse care and safety. Suitable for the beginner or novice riders. Please wear comfortable clothes, boots or shoes with a small heel and a bicycle helmet (boots and helmets are available at Westside, if needed). Half-day campers: please bring a snack and drink; full-day campers: please bring a lunch and snacks.

Location: Westside Stables Stables

Instructor: Westside Stables Staff M, Tu, W, F 9am - 1pm Dec 29 - Jan 2

4/\$236 87731





Santa Swim – Get your picture taken with Scuba Santa 1 - 3pm, Sunday, December 14

Looking for a unique Christmas gift? Get your picture taken underwater with scuba Santa. Materials will also be available for you to make your very own picture frame.

Picture frame materials are free with admission. A free digital picture will be emailed to you following the swim.

Extreme Teen Aurora Borealis Swim 8-10pm, Saturday, December 20

A glow swim with a chilly twist! Enjoy a snow cone and keep cozy in our steam room, sauna, and swirlpool. Games and prizes will be happening all through the night. 11-16 years.

Winter Wonderland

Family Carnival Skate

11am - 3pm, Saturday, December 20

Skate in our winter wonderland and enjoy hot chocolate, toboggan run, kid's games, painting on ice, and a special visit from Santa. Holiday fun for the whole family!

CFAX Santas Anonymous & Santa Bear's Birthday Winter Wonderland Skate

Sunday, December 21

11am - 3pm

Join Santa Bear, Slider and their mascot friends for a skate and some birthday cake. All proceeds benefit CFAX Santas Anonymous.

Teen Lounge

Extreme Holiday Extravaganza Saturday, December 20 6pm - 8pm

Location: Greenglade Community Centre

Celebrate with us as we close down the Extreme Lounge for the Holidays! Cookie decorating, holiday movies, activities, crafts, and of course awesome prizes.

Breakfast with Santa at Kindergym

1 - 5 yrs with parent

Bring your little one to Kindergym for breakfast with Santa and some Rockin' Around the Christmas Tree. Pancakes and fruit will be served from 9:30-10:30am; we hope to see you there!

Location: Greenglade Community Centre Gym

Thursday, December 11

9:30am - 11:30am

\$5.00 drop-in, \$2.00 for each additional sibling or a Kindergym Punch-pass

the perfect gift ...give the gift of choice



Panorama Recreation's **GIFT CARDS** are perfect for anyone and any occasion. Treat someone special to the gift of recreation!!

FIRST NIGHT New Year's Eve Family Celebration! December 31, 2014

Join us at our 9th annual First Night New Year's Eve celebration! Enjoy family entertainment as well as numerous activities, including swimming*, skating, arts & crafts, inflatable obstacle course and bouncy castle. We'll end the night with a Fireworks Finale at 9pm!

ickets are available starting December 1st at Panorama Recreation. Purchase your tickets prior to Dec 30th: • Adult/Senior (19yrs+) \$11/\$15** • Youth (6 - 18yrs) \$7/\$11** • Child (0 - 5yrs) Free **rates at the door on Dec 31st

Free non-swim New Year's Eve ticket for current Annual Active Pass holders. Tickets must be reserved and picked up by Dec 20th. \$5 upgrade for swim ticket.

DRAW PRIZES

*Grand prize: @9 Family camping package:

4-person tent, 4 sleeping bags, 4 sleeping pads,

4 daypacks and 4 water bottles)

Donated by

6-month Panorama Recreation Active Pass

🗱 <u>1-week Panorama</u> Recreation summer camp

Check out the Gingerbread House Display @ Panorama Recreation Centre



Displayed until December 31st, 2014

Pick your favourite gingerbread house display by dropping a donation into the container of your choice.

Winners will be awarded in 3 categories: Business, Family/Friends, & School

Bring your family, staff, teammates, classmates, students or employees together for an old fashioned Christmas skate. Daytime and evening bookings available.

Cost \$228 includes 60 minutes of ice, ten skate rentals, 2 staff members and a room. Semi-private rentals of up to 20 people per group available at \$89.

To book your space or for more information, please contact Martine at mking@panoramarec.bc.ca or 250.655.2181

All public skates during this time frame will also enjoy the ambience of this Wonderland for the regular admission rate.

YEAR'S EVE ITINERARY:

4:45pm	Doors open - Event begins!	
5pm	Activities begin!	
	 Swimming*: Please purchase ticket for preferred swim time. 5 - 6:45pm 7 - 8:30pm No-swim ticket option is available at the same cost. 	
	 Arena Activities 5 - 8:30pm: Everyone Welcome Skate Parent & Child Hockey Games for younger children 	
	 Gym Activities 5 - 9pm: Bouncy Castle & Giant Inflatable Games & Sports XBOX Kinect on our Giant Movie Screen 	****
5:30 - 7pm	Family 'Minute to Win It' Games & Prizes]
7:30 - 9pm	NEW Entertainment the checkerboard guy	
9pm	Fireworks Display at KELSET School	

* Due to the large number of participants and the limited capacity of the pool, each person will be given a coloured wristband corresponding to the swim time you register for. A no-swim ticket option is also available at the same cost.

SIDNEY

ER

A variety of food truck vendors will be on site for food sales.

All proceeds will benefit



THANK YOU.

Winter Wonderland Winter Wonderland returns to the arena Friday, December 19th until Thursday, January 1st.

The arena will be decorated with penguins, polar bears, lights, a Christmas tree and of course, Santa Claus. Skate amongst the lights or take a break on an on-ice bench and watch the excitement around you.

> Winter Wonderland Family Carnival Saturday, December 20, 11am-3pm Skate in our winter wonderland and enjoy hot chocolate, toboggan run, kids games and a special visit from Santa. Holiday fun for the whole family.