



KELSET Elementary School

1800 Forest Park Drive North Saanich, BC V8L 4B8

Phone: 250.655.4648 SAFE ARRIVAL: 250.655.1194 Fax: 250.655.4384

Email: KELSET_Elem@sd63.bc.ca Website: <http://KELSET.sd63.bc.ca/>

BELIEFS DAY

We are celebrating Beliefs Day next Tuesday, February 25th.

Students and staff will be given a ribbon, with a blue and green foundation (our school colours, to represent the KELSET Beliefs, which are the foundation of all that we do at our school to develop strong, caring and positive character) and a pink top ribbon (to recognize national Pink Shirt Day.) This year, the ribbons will also include a piece of gold, to represent "the Golden Rule," which is a focus of this year's Beliefs Day.

In addition, **students and staff (and parents!) are encouraged to wear blue and green or KELSET clothing, as well as something yellow or golden, on Tuesday.**

Students will be given a special golden bookmark, on which they will write a commitment in regard to the Golden Rule.

We will have an assembly at 1:00, which will include a special story, a choral speaking presentation, a video and songs, which will focus on our KELSET Beliefs and how they provide a strong foundation to support positive behaviours in our school and the greater community. We will be emphasizing that if students and others are guided by our KELSET Beliefs and use their W.I.T.S. to solve problems, then conflicts are solved in peaceful, respectful ways and if everyone treats others as they like to be treated (the golden rule!), then there wouldn't be any bullying in the world. Students are learning to appreciate the power each individual has to make a positive difference.

Throughout the week, teachers will be using literature and other activities to provide a special focus on the KELSET Beliefs. Please see below for our KELSET Beliefs poster and a summary about the WITS strategy. We encourage you to ask your child about the KELSET Beliefs and the W.I.T.S. strategy and how the Beliefs and using their W.I.T.S. can help them to make good choices. We also encourage you to review the Beliefs and the W.I.T.S. strategy with your child regularly - and use them to support positive behaviours at home too!

over...

OUR BELIEFS

We belong to the KÉLSET Pod



W.I.T.S.

Walk away;
Ignore;
Talk it Out;
Seek help.

We encourage the children to walk away, if they can tell a situation is problematic. We also encourage children to walk away to give themselves time to calm down. We encourage them to ignore little things. We encourage them to talk things out – calming down first, if necessary. We always encourage the children to seek help from an adult if they are experiencing a big problem or repeated small problems.