



Boys & Girls Club  
Services of Greater Victoria  
A good place to be

## PARENTING PROGRAMS SPRING 2014

# STRENGTHENING RESILIENCE & ATTACHMENT IN FAMILIES

Boys & Girls Club Services of Greater Victoria and Ecole Bayside Middle School are pleased to offer an  
**Evening Community Workshop** for  
**parents / caregivers of children & youth, age 8-18.**

Parenting Programs provide safe, respectful environments which honour confidentiality and deliver practical ideas and skill development.

Would you like an opportunity to discuss: the key components to managing stress and challenges, and the building blocks for increasing resiliency for all; plus, how to reinforce attachment - the connection between children / youth and their parents while respecting children / youth's developing need for independence?

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<b>Where:</b>	<b>Ecole Bayside Middle School</b> Boardroom, 1101 Newton Place, Brentwood Bay, BC
<b>Date/Time:</b>	<b>Monday, March 26, 2014</b> <b>6:30pm – 8:30pm</b>
<b>Cost:</b>	<b>\$15/participant</b> – Community members <b>SUBSIDIES AVAILABLE – PLEASE INQUIRE</b> <b>\$10/participant</b> – Boys & Girls Club participants/families
<b>Registration:</b>	<b>Please pre-register</b> as space is limited.

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## SUPPORTING PARENTS IN RAISING THEIR FAMILIES HELPING PARENTS AND YOUTH GROW TOGETHER



*Funding for Parenting Programs Evening Community Workshops is provided by United Way of Greater Victoria.*

For more information:

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A full description of Parenting Programs offerings can be found on our Website:  
[www.bgcvc.org](http://www.bgcvc.org)