

ADMISSION FEES

Regular admission rates apply unless otherwise stated.



SINGLE ADMISSION	
Under 6 yrs	FREE
6 to 18 yrs	\$3.50
19 to 59 yrs	\$6.75
60 yrs+	\$5.50
Family *	\$13.50
Childminding	\$3.50/hr or \$33.60/10hrs
Skate Rentals	\$3.50

All rates include GST.

Active passes are non-refundable & non-transferable & must be scanned for admission. Your lost pass can be replaced at a cost of \$10.

*Family = 2 adults & up to 3 youth (max 18 years) or 1 adult & up to 4 youth (max 18 years) living at the same address

*** Enjoy all drop-in activities at any of the 13 regional recreation centres.

MONTHLY PASSES	18 YEARS & UNDER	19 YEARS+
NEW PASS BENEFITS (See brochure for details)		
1 Month	n/a	\$56
3 Month	n/a	\$134.40
6 Month	n/a	\$38.27/month (\$229.60)
12 Month	\$59	\$32.66/month (\$392)
12 Month Regional Pass	\$41.66/month \$475***	\$41.66/month \$475***

PER VISIT PASSES	6 - 18 yrs	19 - 59 yrs	60 yrs+
10 Visits	\$31.50	\$60.80	\$49.50
25 Visits	\$74.50	\$143.75	\$117
50 Visits	\$140	\$270	\$220

Active passes can be purchased & renewed online at www.panoramarecreation.ca

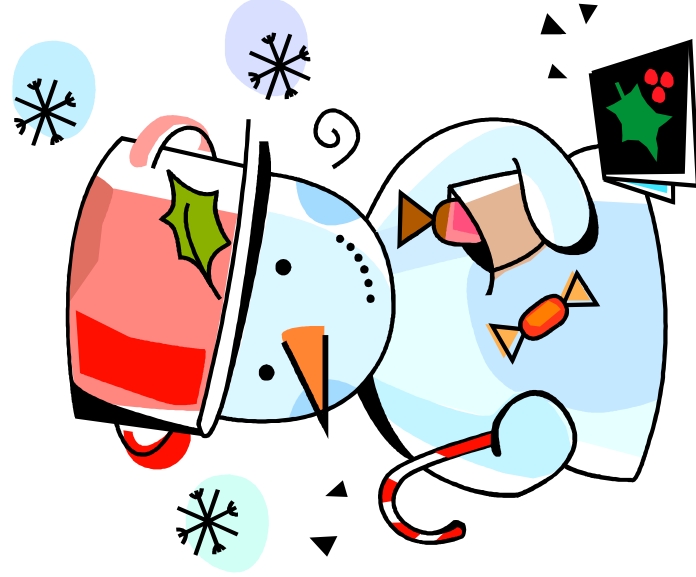
\$15 Finance fee applies to each returned/declined monthly payments. Active passes & benefits are non-transferable.

CONTACT US

Phone 250.656.7271

- Drop-in Schedules.....Press 1
- Arena & Room Rentals, Birthday Parties & Private Swim Lessons.....Press 2
- Staff Directory.....Press 3
- Program Information /Registration & Court Bookings.....Press 4

Holiday Schedule



- Swimming
- Fitness Classes
- Skating
- Weight Room
- Special Events
- Court Rentals

Dec. 21, 2013 - Jan. 5, 2014

250.656.7271

1885 Forest Park Dr.
N. Saanich, BC V8L 4A3

www.panoramarecreation.ca



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Live well. Have fun.



Panorama RECREATION

POOL SWIM DROP-IN SCHEDULE

Effective Dec 21, 2013 - Jan 5, 2014 (See holiday column for closures & reduced hours)

Please enjoy the swirl pool, sauna, steam room and river run any time or day of the week! Aquafit see next page.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	HOLIDAYS
LENGTHS & LEISURE 6-8:30am							Dec 24 7:30am - 2:30pm
LEISURE & WIDTHS 8:30-10:30am	LEISURE 8:30-10:30am	LEISURE & WIDTHS 8:30-10:30am	LEISURE 8:30-10:30am	LEISURE & WIDTHS 8:30-10:30am	LEISURE 8:30-9:30am		Dec 25 Closed
LENGTHS & LEISURE 10:30am- 1pm					LENGTHS & LEISURE 9:30-11:30am	LENGTHS & LEISURE 9:30-11:30am	Dec 26 10am - 4pm
EVERYONE WELCOME 1-3:30pm Inflatable Crocodile 1 - 2pm					LENGTHS & LEISURE 11:30am - 1pm		Dec 31 6am - 4pm
LENGTHS & LEISURE 3:30-6pm	LENGTHS & LEISURE 3:30-5pm			LENGTHS & LEISURE 3:30-5:30pm	LENGTHS & LEISURE* 3-6:30pm	LENGTHS & LEISURE 3-5pm (No session Dec 21st)	Jan 1 10am - 8pm FREE ADMISSION January 1st with a donation per person to our food hamper!!!
	LENGTHS & LEISURE 5-6pm	LENGTHS & LEISURE 5-6pm	LENGTHS & LEISURE 5-6pm	LENGTHS & LEISURE 5:30-6:30pm		LENGTHS & LEISURE 5-6:30pm	Please refer to our regular schedule for swim types during holidays hours.
LENGTHS & LEISURE 6-7:30pm	LENGTHS & LEISURE 6-8pm	EVERYONE WELCOME 6-7:30pm	LENGTHS & LEISURE 6-8pm	LENGTHS & LEISURE 6:30-7:30pm	LENGTHS & LEISURE 6:30-8pm	\$2 LENGTHS & LEISURE 6:30-7:30pm	PLEASE NOTE: This is a multi-use shared facility. Please visit our online drop in schedule for a complete listing of speciality classes, swim clubs and other rentals that may be sharing the facility.
LENGTHS & LEISURE 7:30 - 10pm	LEISURE 8-9pm	LENGTHS & LEISURE 7:30 - 10pm	LEISURE 8-9pm	EVERYONE WELCOME 7:30-9pm	EVERYONE WELCOME EXTREME SWIM 8-10pm	LENGTHS & LEISURE 7:30-10pm	
	15+ LENGTHS & LEISURE 9-10:30pm		15+ LENGTHS & LEISURE 9-10:30pm	LENGTHS & LEISURE 9 - 10:30pm			
Private pool rentals are available. Please call 250.655.2182 for more information.							
WATERSLIDE OPEN	Waterslide is open during portions of swim times shaded in blue.						
EVERYONE WELCOME	Fun for the whole family! Waterslide, spray toys and diving board open! 1 Lane is available in the main pool for length swimming. Check out the inflatable crocodile Mon - Fri 1 - 2pm						
LENGTHS & LEISURE	Lane swimming available in the main pool. Lane ropes are removed 5 minutes before the swim ends. Spray toys are available except during aquafit. Please visit our online drop in schedule for a complete listing of speciality classes, swim clubs and other rentals that may be sharing the facility. * No space available in main pool Jan 4th 4:30-6:30pm due to kayaking.						
LEISURE & WIDTHS	Width swimming is available in the main pool while aquafit takes place. Leisure lane and leisure pool are available during this time.						
LEISURE	Limited space in main pool at this time due to aquafit or swim club. A minimum of 1 lane is available in main and leisure pool. Waterslide is open during portions of swim times shaded in blue.						
EXTREME SWIM	This time is for all ages but caters to youth 11-16yrs. Loud music and extreme games will be taking place in the pool. Extreme pool parties are also available upon request.						
FREE SWIM	Join us Friday, Dec 27th 7:30 -9pm and enjoy FREE admission. Sponsored by the Central Saanich Lions Club.						



AQUATIC FITNESS

Effective Dec 21, 2013 - Jan 5, 2014

(No Classes Dec 24, 25, 26, 31 & Jan 1)

Classes subject to cancellation due to low attendance.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Deep Power Aquafit 8:30 - 9:25AM	Shallow Water Aquafit 8:30 - 9:25AM	Deep Power Aquafit 8:30 - 9:25AM	Shallow Water Aquafit 8:30 - 9:25AM	Deep Power Aquafit 8:30 - 9:25AM	Combo Aquafit 8:30 - 9:25AM	Combo Aquafit 8:30 - 9:25AM
Shallow Water Aquafit 9:30 - 10:25AM	Deep Water Aquafit 9:30 - 10:25AM	Shallow Water Aquafit 9:30 - 10:25AM	Deep Water Aquafit 9:30 - 10:25AM	Shallow Water Aquafit 9:30 - 10:25AM		
	Aqua Spin 11:30AM - 12:30PM		Aqua Spin 11:30AM - 12:30PM			
Light & Easy Aquafit 12 - 12:45PM		Light & Easy Aquafit 12 - 12:45PM		Light & Easy Aquafit 12 - 12:45PM		
	Aqua Bootcamp 8 - 9PM		Aqua Bootcamp 8 - 9PM			

AQUA SPIN	The Aqua Spin classes are similar to a spinning class but take place on a Hydroider bike that has been built for the water. Cycling in the water causes less impact on your back and joints and the constant water massage enhances circulation and increases blood flow. Bike classes are limited to 13 participants and are available on a first-come, first served basis. See below on how to reserve Spin bikes.
DEEP POWER, SHALLOW, COMBO, AQUA BOOT CAMP	All Classes will provide you with a challenging workout with little to no impact on your joints! Start each class with 5-10 min of warm-up, 30-35 min of cardio and 10-15 min of strength and stretching.
LIGHT AND EASY AQUAFIT	This exercise program is suitable for people who have recovered from an injury and/or surgery, live with arthritis or are currently sedentary. Our instructors will take you through exercises that work on range of motion, flexibility and light walking. Great peer support and social interaction.

To reserve Spin bikes:

Option 1: Pay the drop-in rate or swipe your active pass and pick up your ticket from reception up to 30 minutes prior to the class start time.

Option 2: To reserve in advance, book a bike 60 minutes or more prior to the start of the class online at www.panoramarecreation.ca. A \$2+gst reservation fee per bike per class applies. Bikes must be claimed by class start time, or your reservation is no longer valid. No refunds. Upon arrival, pay the drop-in rate or swipe your active pass and pick up your ticket from reception.

Coming in January

New Aqua Yoga Drop-in Classes

MONDAY	WEDNESDAY
Aqua Yoga 10:30AM - 11:30AM	Aqua Yoga 10:30AM - 11:30AM

Aqua Yoga	Aqua Yoga takes the principles and movements of Yoga and adapts them to the water environment. You feel virtually weightless in water so the stretches and movements can be accomplished without strain. It makes exercising safer for many people; especially those with weight problems, injuries or who are pregnant.
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GREENGLADE DROP-IN ACTIVITY SCHEDULE

Effective Dec 21, 2013 - Jan 5, 2014



Weight Room & Fitness Classes

@ Greenglade Community Centre *Classes subject to cancellation*

TUESDAY	THURSDAY	FRIDAY
	Greenglade Weight Room Jan 2nd only 9AM - 12PM 4 - 8PM	Greenglade Weight Room Jan 3rd only 9AM - 12PM
Total Body Toolbox 9:15-10:15AM		Yoga Strength Jan 3rd only 9:15-10:15AM

Total Body Toolbox	This fitness class will provide a ton of variety, from Outdoor TRX to BOSU, from interval training to body bar.
Yoga Strength	Enjoy a strong strength based yoga practice focusing on slow methodical movements building muscular endurance with light weights. Students will develop strength, flexibility, peace and balance on and off the mat.

Pottery

@ Greenglade Community Centre *Classes subject to cancellation*

THURSDAY	FRIDAY
Pottery Jan 2nd Only 9AM-12PM	Pottery Jan 3rd Only 9AM-12PM

Pottery	16 yrs+. Extra pottery practice time available for pottery students in the community. Orientations are required for experienced students who have not taken a course through Panorama Recreation. \$8 Drop-in or Pottery Pass Only. Pottery Pass info found on page 25. Additional drop-in times may be available. Please check our online schedule.
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ARENA DROP-IN SCHEDULE

Effective Dec 21, 2013 - Jan 5, 2014

Drop-in activities subject to cancellation due to low attendance. No sessions Dec 25.



Thank you to Island Farms for providing a special treat at each Winter Wonderland Skate December 22th - 29th. Treats may include ice cream, coupons, gift basket draws and a visit from Daisy the Cow and Farmer Vicki on December 22nd.

Made right, right here.

Sat. Dec 21	12-2:20PM Everyone Welcome Winter Wonderland Family Carnival
Sun. Dec 22	12-2:20PM Everyone Welcome Winter Wonderland Skate Proceeds benefit C-FAX Santas Anonymous 4 - 5pm Join Cooper for some festive fun at a FREE Holiday Skate Presented by Peninsula Co-op
Mon. Dec 23	12-3PM Everyone Welcome Winter Wonderland Skate
Tues. Dec 24	10:40 - 11:30AM Parent & Tot Skate* 12-2PM Everyone Welcome Winter Wonderland Skate
Wed. Dec 25	Facility closed.
Thur. Dec 26	10:15 - 11:30AM Parent & Tot Skate* 12-3PM Everyone Welcome Winter Wonderland Skate
Fri. Dec 27	12-3PM Everyone Welcome Winter Wonderland FREE Skate Presented by White Spot Mt. Newton Cross Road 6:30 - 8PM Everyone Welcome Winter Wonderland FREE Skate Presented by Viking Air

Sat. Dec 28	12-2:20PM Everyone Welcome Winter Wonderland FREE Skate Presented by Central Saanich Lions Club
Sun. Dec 29	12-2:20PM Everyone Welcome Winter Wonderland Skate
Mon. Dec 30	12 - 3PM Everyone Welcome Winter Wonderland Skate
Tues. Dec 31	10:40-11:30AM Parent & Tot Winter Wonderland Skate* 12-3pm Everyone Welcome Winter Wonderland Skate
Wed. Jan 1	12-3PM Everyone Welcome Skate (Arena A - Winter Wonderland, Arena B - Adult Skate) FREE ADMISSION January 1st with a donation per person to our food hamper!!!
Thur. Jan 2	10:15 - 11:30AM Parent & Tot Skate* 11:40AM - 12:50PM Adults Only 1 - 3PM Everyone Welcome
Fri. Jan 3	1 - 3PM Everyone Welcome
Sat. Jan 4	1 - 2:20PM Everyone Welcome
Sun. Jan 5	11:50AM - 12:50PM Parent & Child Hockey 1 - 2:20PM Everyone Welcome

Winter Wonderland	Everyone Welcome. Join us for daily skates in a decorated wonderland with lights and music. On December 21st, enjoy hot chocolate, toboggan run, kids games and a special visit from Santa.
Everyone Welcome	Bring your family and friends for fun, music and games. Brushing up on your skating skills? Instructors will be available to give you some tips!
Parent & Tot	Children 6 years & under. Strollers are welcome with use of a helmet. Helmets are required for both parent and child(ren). *Special rate applies (\$6.75 includes admission and rentals for 1 parent and 1 tot)
Parent & Child Hockey	An opportunity for you and your young player to bring your sticks and soft pucks to shoot around. Helmets with full face guards are mandatory for all children. For children up to 12 years and parent.

Please wear a helmet. Don't have one? Borrow one of ours! We have over 100 helmets in various styles and sizes to choose from. Wear your helmet and you'll be automatically entered to win a FREE skating passes and other great prizes!

Skate rentals \$3.50/ person. Ice cleats are permitted on the ice during Winter Wonderland Everyone Welcome skates for those who wear a helmet. A small section of the ice will be designated for these non-skaters and beginners. This area will be sectioned off with cones and identified with signage. Please note that patrons wearing ice cleats must pay the drop-in admission.

Weekend Special! A family of 5 can skate for just \$18 (including rentals) during Saturday & Sunday Everyone Welcome Skates.
Family = 2 adults & up to 3 youth (max 18 years) or 1 adult & up to 4 youth (max 18 years) living at the same address

WEIGHT ROOM DROP-IN SCHEDULE



Effective Dec 21 - 28, 2013

@ Panorama Recreation Centre

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPEN 6AM - 10PM	OPEN 6AM - 10PM	OPEN 6AM - 10:30PM	OPEN 7:30AM - 2:30PM	FACILITY CLOSED	OPEN 10AM - 4PM	OPEN 6AM - 10:30PM
		SUPERVISED 7 - 9AM 4 - 8PM	SUPERVISED 8 - 10AM	ENJOY THE HOLIDAY		SUPERVISED 8 - 10AM

Effective Dec 29, 2013 - Jan 5, 2014

@ Panorama Recreation Centre

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPEN 6AM - 10PM	OPEN 6AM - 10PM	OPEN 6AM - 10:30PM	OPEN 6AM - 4PM	OPEN 10AM - 8PM	OPEN 6AM - 10:30PM	OPEN 6AM - 10:30PM
SUPERVISED 10AM - 12PM		SUPERVISED 7 - 9AM 4 - 8PM	SUPERVISED 8 - 10AM		SUPERVISED 8 - 10AM 4 - 9PM	SUPERVISED 7 - 9AM 3 - 7PM

Featuring an extensive selection of strength training equipment, Treadmills, Stair Climbers, Concept II Rowers, NuSteps, Recumbent Bicycles, Upright Bicycles, Interactive Espresso Bikes, Elliptical Trainers and Adaptive Motion Trainer (AMT). We also have a variety of stability balls, medicine balls, balance boards and exercise tubing. Restricted to age 15 and older*.
NOTE: *13+ who have taken Weight Training for Teens (p. 74) may attend during supervised hours or with a parent/guardian

Supervised Drop-in Times	A qualified weight room attendant will be available to assist you with your weight training program. If you are not familiar with the equipment or have questions regarding exercise technique, the attendant will be available for advice during these drop-in times.
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Effective Jan 2 - Jan 5, 2014

(Closed Dec 21 - Jan 1)


@ Greenglade Community Centre

THURSDAY	FRIDAY
JAN 2 9AM - 12PM 4 - 8PM	JAN 3 9AM - 12PM
Supervised Drop-in	Supervised Drop-in

Featuring treadmills, bikes, elliptical trainers, a small selection of weight machines, dumbbells, tubing, medicine balls, BOSUs and more

FITNESS DROP-IN SCHEDULE



Cardio +	An extended cardio session with hi/lo impact moves and some floor work. Small equipment may be used during the class. All levels welcome.
Kettlebell Core	The unique design of the Kettlebell will challenge your CORE to the max! Not only does Kettlebell training improve strength, balance and core conditioning, it also challenges your cardiovascular fitness. Your heart will be pumping!
Movin' On Up	Self-paced, mild to moderate, low impact aerobic workout, followed by a strengthening session. Coffee time follows.
Power Body Step	Put the power into your step with this all in workout of cardio and strength conditioning! A blend of step choreography, and athletic TABATA drills will be followed by strength training exercises using weights, body bars, bands and balls to shape and tone your mind and body. All levels welcome.
Sport Step	Come join this high energy step class with all the moves! Some instructors may use small equipment to add a strength component. Come prepared for the challenge!
Spin Classes (Indoor Cycling)	Join us for the ultimate workout combining both aerobic and anaerobic exercise through drills and speed work. Build strength, endurance and flexibility in a fun environment that allows you to modify to your own intensity level. Please bring a water bottle and towel. See below on how to reserve a spin bike.
Total Body Conditioning	Work your entire body using resistance tubing, weights, body bars, stability balls, gliders and the BOSU. If you like variety and strength training, this is the class for you!
TRX Suspension Training	This intense workout will build your strength, balance and flexibility and burn fat. You control how easy or hard you want to work. Whether you are an athlete or just want to get back into shape, the TRX will help you reach your fitness goals! **Registered program, drop-in available if space permits.
	Join our specially trained Jazzercise instructors in a fun and effective total body workout. Burn up to 600 calories in one of our 60 minute classes choreographed to today's hottest music. Jazzercise Body Sculpting is a 50 minute strength class using various equipment. *Panorama Recreation drop-in rates do not apply. See page 79 of the 2014 Winter/Spring brochure for rate information.

To reserve Spin bikes:

Option 1: Pay the drop-in rate or swipe your active pass and pick up your ticket from reception up to 30 minutes prior to the class start time.

Option 2: To reserve in advance, book a bike 60 minutes or more prior to the start of the class online at www.panoramarecreation.ca. A \$2+tax reservation fee per bike per class applies. Bikes must be claimed by class start time, or your reservation is no longer valid. No refunds. Upon arrival, pay the drop-in rate or swipe your active pass and pick up your ticket from reception.

FITNESS DROP-IN SCHEDULE

Effective Dec 21, 2013 - Jan 5, 2014

(No Classes Dec 25, Dec 26 & Jan 1)

13 yrs+. For fitness class descriptions, see previous page. Classes subject to cancellation due to low attendance.

STUDIO FITNESS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cardio + 8:30 - 9:30AM				Cardio + 8:30 - 9:30AM	Sport Step 8:45 - 9:45AM	
Sport Step 9:40 - 10:40AM	Movin' on Up 9 - 10AM		Movin' on Up 9 - 10AM	Sport Step 9:40 - 10:40AM		Total Body Conditioning 9:30 - 10:30AM
Total Body Conditioning 10:50 - 11:50AM					Jazzercise* 10 - 11AM	
Power Body Step 5:30 - 6:30PM			Total Body Conditioning 5:30 - 6:30PM			
Jazzercise* 6:45 - 7:45PM						

*Panorama Recreation drop-in rates do not apply. \$12 drop-in, \$7 studen.

SPIN ROOM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Spin Dec 31st only 6:15 - 7AM		Spin 6:15 - 7AM			
Spin 9 - 9:45AM	Spin/TRX Combo 9 - 10:30M		Spin 9 - 9:45AM	Spin 9 - 9:45AM	Spin 8:45 - 9:45AM	Spin Jan 5th only 8:45 - 9:45AM
				Spin 1:15 - 2PM	Spin Jan 4th only 10 - 10:45AM	Spin 10 - 10:45AM
Spin 5:30 - 6:15PM			Spin 5:30 - 6:15PM			

MEZZANINE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
TRX 9 - 10AM			TRX 9:45-10:30AM	TRX 9 - 10AM	Kettlebell Core 10 - 11AM	
	Spin/TRX Combo 9 - 10:30M			HIIT with Rip Jan 3rd only 12 - 12:45PM	TRX Jan 4th only 11AM - 12PM	
			TRX 6 - 7PM			
TRX 6:30 - 7:30PM						

Winter Break Camps

'Polar Express' Winter Break Camp 5 - 11yrs

All aboard! Hop on the Panorama Polar Express for loads of fun and excitement during your holiday break. We're full speed ahead with games, activities, crafts, swimming, skating and much more! Theme-based activity schedules are available two weeks prior to start of camps. Daily registration is \$40/day. Pre & post camp care are available at an additional cost for Polar Express Campers. Registration is required for both pre and post care.

Location: Greenglade Community Centre Room #7

80368	M	9am - 4pm	Dec 23	\$40
80369	M	9am - 4pm	Dec 30	\$40
80370	Tu	9am - 4pm	Dec 31	\$40
80371	Th	9am - 4pm	Jan 2	\$40
80372	F	9am - 4pm	Jan 3	\$40

'Polar Express' Camp Pre Care 5 - 11yrs

Available before 'Polar Express' Winter Break Camp.

Location: Greenglade Community Centre Gymnasium

80374	M	8am - 9am	Dec 23	\$5
80375	M	8am - 9am	Dec 30	\$5
80376	Tu	8am - 9am	Dec 31	\$5
80377	Th	8am - 9am	Jan 2	\$5
80378	F	8am - 9am	Jan 3	\$5

'Polar Express' Camp Post Care 5 - 11yrs

Available after 'Polar Express' Winter Break Camp.

Location: Greenglade Community Centre Room #9

80380	M	4pm - 5:30pm	Dec 23	\$7
80381	M	4pm - 5:30pm	Dec 30	\$7
80382	Tu	4pm - 5:30pm	Dec 31	\$7
80383	W	4pm - 5:30pm	Jan 2	\$7
80384	Th	4pm - 5:30pm	Jan 3	\$7



Mad Science World

5 - 11yrs

How do we use science to modify the world around us? Explore the possibilities of scientific applications. Find out science in sport, discover science in art and get ready to be amazed as you make the connections to robotics. You will built your own robotic hand and find out the challenges of it's use. It will be exciting to discover the science behind toys, fun rides, movies and entertainment.

Location: Central Saanich Cultural Centre Room A

84007	Th, F	8:30am - 4pm	Jan 2 - Jan 3	2/\$95
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Sportball Multi-Sport Camp 3-9 yrs

3 - 9yrs

Join the Sportball team for a camp experience that your child will never forget! Children will participate in the skills and games of eight different ball sports. Sports include: soccer, hockey, basketball, baseball, volleyball, tennis, golf and football. Camps also incorporate arts and crafts, music, co-operative games and theme days. Activities will run indoors and outdoors as weather permits. Please bring a nut free snack and a drink.

Location: Greenglade Community Centre Room #10

3 - 5yrs

79931	M, Tu, Th, F	9am - 12pm	Dec 30 - Jan 3	4/\$112
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6 - 9yrs

79932	M, Tu, Th, F	1pm - 4pm	Dec 30 - Jan 3	4/\$112
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Holiday Drop & Shop

5-10yrs

Shopping to do? Errands run? Holiday Parties? Gifts to wrap? Feeling stressed? No problem, we can help! Drop your little one off at Panorama Recreation for holiday crafts, activities, swimming. Panago Pizza and juice boxes will be provided for all participants. Happy Holidays to You!

Location: Panorama Recreation Centre

80355	F	4:30pm - 9:30pm	Dec 13	\$25/child \$15/sibling
80356	Sa	12pm - 5pm	Dec 14	\$25/child \$15/sibling
80357	Su	10am - 3pm	Dec 15	\$25/child \$15/sibling
80358	Sa	12pm - 5pm	Dec 21	\$25/child \$15/sibling



Swims

Family Theme Swim

Sunday, 1 - 3pm

December 22 Winter Sports

Join us in the pool for our theme day Everyone Welcome swims! Slide on the slide, ride the lazy river, play on Spike or join our Fun Leader for lots of games and prizes! You never know what new adventure you will have in the pool!

Santa Swim - Get your picture taken with Scuba Santa

1 - 3pm

Sunday, December 15

Looking for a unique Christmas gift? Get your picture taken underwater with scuba Santa. Materials will also be available for you to make your very own picture frame. Picture frame materials are free with admission. A free digital picture will be emailed to you following the swim.



Extreme Teen

Nightmare before Christmas

8 - 10pm

Saturday, December 21

Boys and girls wouldn't you like to see something strange? We have extended Halloween to the Holiday season. Join us for the Nightmare Before Christmas theme swim for some sugar and spice and goblin bits and eye of newt.

Skates

Winter Wonderland

Family Carnival

Saturday, December 21

12 - 2:20pm

Skate in our winter wonderland and enjoy hot chocolate, toboggan run, kid's games, painting on ice, and a special visit from Santa. Holiday fun for the whole family!

Winter Wonderland

Family Carnival

Saturday, December 21

12 - 2:20pm

Skate in our winter wonderland and enjoy hot chocolate, toboggan run, kid's games, painting on ice, and a special visit from Santa. Holiday fun for the whole family!



Teen Lounge

G is for Gingerbread

Bring your creative ideas to Teen Lounge tonight; we will have the most ULTIMATE, EXTREME... Gingerbread house competition! There will be holiday music, activities, and FUN for all! Prizes for the most creative Gingerbread creation.

Friday, December 20
5:30 - 7:30pm
Bayside Middle School Teen Lounge

Saturday, December 21
6pm - 8pm
Greenglade Community Centre Teen Lounge

Check out the
Gingerbread House
Display
@ Panorama
Recreation Centre

Pick the best
gingerbread house
display by dropping
a donation into the
container of your choice.



All proceeds
will go to



THANK YOU.

Displayed until December 30th, 2013

Special Events

Breakfast with Santa at Kinderym 1 - 5 yrs with parent

Bring your little one to Kinderym for breakfast with Santa and some Rockin' Around the Christmas Tree. Pancakes and fruit will be served from 9:30-10:30am; we hope to see you there!

Location: Greenglade Community Centre Gym

Thursday, December 12
9:30am - 11:30am

New Price! \$5.00 drop-in, \$2.00 for each additional sibling or a Kinderym Punch-pass


Holiday Drop & Shop

5-10yrs
Shopping to do? Errands run?
Holiday Parties? Gifts to wrap?
Feeling stressed? No problem,
we can help! Drop your little one
off at Panorama Recreation for
holiday crafts, activities, swimming.
Panago Pizza and juice boxes will be
provided for all participants. Happy
Holidays to You!

Location: Panorama Recreation



80355	F	4:30pm - 9:30pm	Dec 13	\$25/child \$15/sibling
80356	Sa	12pm - 5pm	Dec 14	\$25/child \$15/sibling
80357	Su	10am - 3pm	Dec 15	\$25/child \$15/sibling
80358	Sa	12pm - 5pm	Dec 21	\$25/child \$15/sibling



L.I.F.E. PROGRAM

This program has been designed to provide healthy lifestyle opportunities to residents of the Peninsula who currently live below Statistics Canada low income thresholds for 2010. See page 117 for more details and visit us Online at www.panoramarecreation.ca



WIN WITH PANORAMA!

Discover the many ways of winning prizes, staying connected, living well & having fun with Panorama Recreation. See p. 123



Swim Lessons

WINTER BREAK LESSONS

Prices for Lesson Sets	Mon - Fri	Tues/Thur	Sat	Sun
# of classes	Dec 30 - Jan 3* 4 Lessons	Dec 31 - Jan 2* 2 Lessons	Dec 21 - Jan 4 3 Lessons	Dec 22 - Jan 5 3 Lessons
Private Set 30 min				
2				
3				
4				
	* No lessons Jan 1			

Private/Semi Private Swim Lesson Options				
\$22 Class Private/Semi Private Lesson Sets				
REGISTER ONLINE OR CALL RECEPTION AT 250.656.7271, EXT. 4				
Set dates & times, no refund or rescheduling of missed lessons. Choose between any time given for each day. Instructor requests are not guaranteed. Private/Semi Private Sets, are now a flat rate and up to 3 children may participate. Please call reception @ 250.656.7271 to book this option.	9am to 11am 3pm to 4:30pm	5pm to 7:30pm	9am to 11am	3pm to 4:30pm

\$28/class Convenience Private Lessons

- Available any day or time!
- Choose your favourite instructor!
- The flexibility to reschedule!

If none of the above times work for you or to secure your favorite instructor and have the flexibility of rescheduling missed lesson please call 250.655.2183 or email cwatts@panoramarec.bc.ca to set up convenience private lessons at the times and dates that work for you. The fee is \$28 for a 30 minute session for up to three children or adults. To refund or reschedule any missed dates 24hrs notice is required.





FREE ANNUAL YOUTH PASS

ACTIVE TODAY HEALTHY TOMORROW

GETTING THE WHOLE FAMILY MORE ACTIVE IS NOW AS EASY AS **1, 2, 3!**

1. PURCHASE AN ADULT ANNUAL PASS FOR \$392.
2. RECEIVE A **FREE** ANNUAL YOUTH PASS FOR EACH CHILD* AGED 18 YEARS OR YOUNGER LIVING AT THE SAME ADDRESS. (* LEGAL DEPENDANT)
3. BRING THE WHOLE FAMILY TO ENJOY OUR MANY DROP-IN ACTIVITIES AT OUR VARIOUS LOCATIONS.

OR ... PURCHASE THE YOUTH PASS FOR **\$59** WITHOUT AN ADULT PASS PURCHASE.

  250.656.7271 panoramarecreation.ca



Winter Wonderland

Winter Wonderland returns to the arena Saturday, December 21st until Wednesday, January 1st.

The arena will be decorated with penguins, polar bears, lights, a Christmas tree and of course, Santa Claus. Skate amongst the lights or take a break on an on-ice bench and watch the excitement around you.

Bring your family, staff, teammates, classmates, students or employees together for an old fashioned Christmas skate. Daytime and evening bookings available.

Cost \$228 includes 60 minutes of ice, ten skate rentals, 2 staff members and a room. Semi-private rentals of up to 20 people per group available at \$89.

To book your space or for more information, please contact Martine at mking@panoramarec.bc.ca or 250.655.2181

All public skates during this time frame will also enjoy the ambience of this Wonderland for the regular admission rate. If your company is interested in sponsoring a public skate, please contact Carolyn Birch at cbirch@panoramarec.bc.ca or 250.217.0074 for more information.

Winter Wonderland Carnival
Saturday, December 21st, 12 - 2:20pm
 Skate in our winter wonderland and enjoy hot chocolate, toboggan run, kids games and a special visit from Santa. Holiday fun for the whole family.





NEW ANNUAL YOUTH PASS

\$59

ACTIVE TODAY HEALTHY TOMORROW

WAIT THERE'S MORE... **FREE** ANNUAL YOUTH PASS (WITH PURCHASE OF ADULT ANNUAL PASS). VISIT WEBSITE FOR DETAILS

250.656.7271 www.panoramarecreation.ca  

FIRST NIGHT New Year's Eve Family Celebration! December 31, 2013

Join us at our 8th annual First Night New Year's Eve celebration! Enjoy musical entertainment as well as numerous activities, including swimming*, skating, arts & crafts, inflatable obstacle course, bouncy castle and XBOX Kinect on our giant inflatable movie screen. We'll end off the night with a Fireworks Finale at 9pm!

Tickets are available starting December 1st at Panorama Recreation. Purchase your tickets prior to Dec 30th:

- Adult/Senior (19yrs+) \$11/\$15**
 - Youth (6 - 18yrs) \$7/\$11**
 - Child (0 - 5yrs) Free
- **rates at the door on Dec 31st

NEW YEAR'S EVE ITINERARY:

4:45pm	Doors open - Event begins!	
5pm	Activities begin!	
5 - 6:45pm	Swim #1	Pool
5 - 8:30pm	Everyone Welcome Skate & Kids Games	Arena A
5 - 8:30pm	Parent & Child Soft Puck Hockey	Arena B
5 - 9pm	Food by Mama Rosie's Kitchen	Tennis Building
5 - 9pm	XBOX Kinect on Giant Movie Screen	Fitness Studio
5 - 9pm	Bouncy Castle, Large Inflatable Obstacle Course & Facepainting	Tennis Building
5 - 9pm	Ride on Cars & Kindergym Toys	Squash Courts
5 - 9pm	Crafts	Island Room
6 - 7:30pm	Family 'Minute to Win It' Games & Prizes	Tennis Building
7 - 8:30pm	Swim #2	Pool
7:45 - 9pm	Magician Show	Tennis Building
9pm	Grand Prize Draw	Tennis Building
After Grand Prize Draw	Fireworks Display at KELSET School	

DRAW PRIZES

***Grand prize:**
Family camping package:
4-person tent,
4 sleeping bags, 4 sleeping pads,
4 daypacks and 4 water bottles

Donated by  **ROBINSON'S**
Outdoor Store

* 6-month Panorama Recreation Active Pass

* 1-week Panorama Recreation summer camp

Visit our website for the full menu for sale by Mama Rosie's Kitchen. Purchase food vouchers in advance to save money!



Tickets on Sale December 1st.

the perfect gift

...give the gift of choice

Panorama Recreation's **GIFT CARDS** are perfect for anyone and any occasion.

Treat someone special to the gift of recreation!!

