



# KELSET Elementary School

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**Mission:** At KELSET School, our overall goal is "Success for Each Student". We want everyone in our school community to feel cared for, connected, capable and appropriately challenged.

**Beliefs:** We take care of ourselves. We take care of each other. We take care of our community & our world.

## CALENDAR

### May

- 19.....**Class and Whole School Photos**
- 19.....**Canoe Project**; Grade 4/5's Visit Paquachin
- 22.....**Victoria Day**
- 24.....**Bayside Middle School Grade Five Parent Orientation Evening**, 7pm
- 26.....**Fun Lunch**
- 26.....**Science Ventures**
- 29.....**Science Ventures**
- 31.....**Kindergarten Orientation**, 12:45pm

### June

- 6.....**UVic Track Meet**
- 7.....**PAC Meeting**, 6:30pm
- 15.....**Camp Imadene**; Grade 4/5's
- 22.....**Grade Five Farewell**; 6:00pm
- 23.....**Fun Day**
- 28.....**Year End Assembly**, 10:00am
- 29.....**Last Day of School**

## MAY 2017

## NEWSLETTER

### BOUQUETS TO...

- Congratulations to the KELSET Hip Hop dancers and coaches for receiving the Adjudicators Award for Elementary Performances. The dancers were invited to perform at the Gala on May 8<sup>th</sup> at the University of Victoria at 7:00 pm. Thank you to Marissa Bentham, Lesley Arnold, Julie McManus and Heather Dalziel for their dedication and commitment to the team!
- Congratulations to all KELSET students who entered the Sidney Literary Festival Writing Contest. We are pleased to announce two of our students placed first and second. Summer Bentham, Grade 4, placed first for her story, *Life of a Garbage Can*, and Hana Perkins, Grade 5, placed second for her story, *Margret*. These two stories, along with the other entries from KELSET and the other schools, will be compiled into a booklet. Summer and Hana will receive Tanner's gift certificates (\$25, and \$15 respectively) at the Shoal Centre on the evening of May 12<sup>th</sup>. KELSET thanks the organizers of the Sidney Literary Festival for organizing the contest to encourage our budding authors.
- All the members of the Cross Country team for a great season! Thanks to all the coaches who assisted with the practices and meets: Mrs. Trottier, Mrs. Postlethwaite, Mrs. Manning, Miss Hodgson, Mrs. Bocking, Mrs. MacKinnon, Mrs. Underwood, Mrs. Sheridan Mrs. Dennett, Mr. Chan, Mrs. Coles, Mrs. Ashton, and Mr. Williams.
- To parents Gwen McEwen, Andrew MacRae, Shawn Millin and Steve Weller for volunteering to be part of our KELSET Club Days. Also, thank you to Naomi Walser for sharing her lacrosse skills with our students. Huge thank you to all the teachers for volunteering as well!
- The Pauquachin Community for hosting our April PAC meeting. Thank you for the wonderful collaboration and the delicious meal!
- Willow from Growing Young Farmers for helping four divisions learn how to be successful gardeners.
- Sheila Holm for her continued work on keeping our school sign updated!
- Tarryn Vantreight and Katy Hembruff for planning our April movie night!



### SAFE ARRIVAL PROGRAM

please email

[kelssetsafearrival@sd63.bc.ca](mailto:kelssetsafearrival@sd63.bc.ca)

or call **250-655-1194**

if your child will be absent or late.

- Jennifer Viinikka for volunteering to oversee the decorations for the 'Grade 5 Farewell'.
- The PAC for organizing the delicious luncheon for the staff. The staff felt very appreciated and grateful for all the support!
- The Eric Foundation for sponsoring the Childhood Anxiety Presentation.

### **DR. CLAIRE VANSTON- BODY SCIENCE LESSONS- MAY 1-19**

Thank you to the PAC for sponsoring and supporting Dr. Claire's lessons on Body Science for all of our students. Dr. Claire is a highly qualified academic, researcher and sexual health educator who helps to deliver positive attitudes toward the human body and health, in an informative, fun and practical manner. Dr. Claire held a parent information session on May 4 so parents had the opportunity to learn more.

### **KINDERGARTEN ORIENTATION**

Kindergarten Orientation is planned for Wednesday, May 31 at 12:45pm in the multipurpose room. An information letter will be sent home with further details.

### **GRADE 5 TRANSITIONS TO NSMS OR BAYSIDE MIDDLE SCHOOL**

On May 3, our students visited the middle school that they plan to attend next year! The students were toured through the school and were treated to a light lunch! Also, on May 3, NSMS held their Parent Orientation Evening. If you were unable to attend, please contact NSMS. Bayside will be holding their Parent Orientation Evening on May 24th at 7:00 pm.

### **CAMP IMADENE - Grades 4/5**

Our grade 4/5 students will be attending Camp Imadene on Thursday, June 15th for the day. More information will be sent home in the next week.

### **SCIENCE VENTURE – May 26 & 29**

Will be at KÉLSET presenting various Science workshops to our students

Kindergarten – Exploring Matter

Grade 1 – Light and Sound

Grade 2 – Water Cycling

Grade 3 – Heat Wave

Grade 4/5 – Megawatts and Marbles

Thank you to the PAC for supporting this program.

### **SCHOOL PLACEMENT 2017-2018**

We are beginning to plan for our 2017-2018 school organization and class placement. Our goal is to create balanced learning environments that consider the following:

- Academic needs
- Leadership opportunities
- Social emotional needs
- Gender balance
- Cultural Diversity and English as a Second Language
- Peer Relationships

If you would like to provide the school team with any information or concerns regarding your son/daughter, Student Placement Forms will be available at the office beginning on May 1st. Please return them by May 15th. It is important to understand that staff members often have specific reasons why students are placed in ways that may be different than parents have requested. Please do not request a specific teacher.



### **FUN DAY 2017!**

Parents/Guardians are welcome to join us for our Fun Day on the morning of Friday, June 23<sup>rd</sup>! More details to follow.

### **SPRING FAIR 2017!**



Plan to join us Friday, June 2<sup>nd</sup>, for an evening of great food and fun! More details to follow.

### **DROP OFF IN THE MORNING**

Just a reminder to not park in front of the school in the morning as this causes vehicles to be backed up on Forest Park Road.

### **RECENT HAPPENINGS**

- Grade 4/5 classes have enjoyed tennis and lacrosse lessons as part of the Alternate PE program
- The grade 3 classes participated in the salmon release.
- Success Club continues after school on Monday and Wednesdays for grades K-5.
- Artist in Residence - Students in grades K-3 have been very busy learning their new hip hop routine with 'Miss Desiree'.
- Students have enjoyed watching the ducklings.

**KELSET CLUB DAY - May 29th and June 12th**  
Please encourage your son/daughter to come out and have some fun in one of our clubs.

## COMMUNITY INFORMATION

The Sidney Museum is launching its new exhibit, "Up, Up and Away, Comic-book Superheroes & Our Culture" which will run from **May 3 - June 27th**. This fun and educational exhibit shows how comic-book superheroes have reflected our culture and values through the years. Featured will be superhero comic-books, action figures and artwork from the 12930s to 1970s. Special displays include Batman, Superman, Wolverine, Wonder Woman and Famous Villains. Activities include scavenger hunt, superhero trivia, draw your own superhero, and video viewing area. School groups welcome but pre-booking is appreciated.

Admission by donation.

More info at: [sidneymuseum.ca](http://sidneymuseum.ca) or [250-655-6355](tel:250-655-6355)



## KEEPING ACTIVE CHILDREN HYDRATED

When children are playing they may need to be encouraged to drink to prevent dehydration (not enough water in the body).

**Water is the best choice to keep children hydrated.**

✓ Recommended: Water, milk, fortified soy, almond or rice beverage

⊗ Not Recommended: Sports drinks\*, energy drinks

(\*Sports drinks are high in sugar and are only for those exercising and sweating for longer than an hour.)

**Keep active children hydrated:**

- Offer water often, especially during activity.
- Provide water or milk and watery snacks like watermelon, cucumber or smoothies after activity.
- Avoid juice and give fresh fruit instead.

**Is your child's water bottle safe?**

Use stainless steel bottles or plastic bottles that are designed for reuse. Disposable plastic bottles that are filled with water, pop, sports drinks, etc., should not be reused.

**Wash water bottles every day!**

Wash water bottles well by hand each day. Dishwashers do not clean all parts of the inside of the bottle. Recycle any bottles that show signs of wear such as scratches, dents, or a cloudy, cracked appearance.

For more information:

- Your local [Public Health Unit](#)
- [HealthLinkBC and Dietitian Services](#) or dial 8-1-1 and ask to speak to a Registered Dietitian (a free call)
- [What's in the Bottle? From Sports Drinks to Vitaminized Water](#) (PDF)
- [Sip Smart! BC](#)

Child, Youth and Family Community Health  
SN-HP-107-24-16 – Revised 2016-08-31



## PROTECTING YOUR CHILD'S HEARING

Some hearing facts...

- **Children have more trouble hearing in noisy environments than adults!** This is because their nervous systems are not mature. Children learn best in quiet, both at home and school.
- **Noise or loud music can hurt your child's ears!** Firecrackers are really dangerous – they can cause sudden permanent damage. Power tools, lawnmowers and even loud music can damage the delicate inner ear. When your child is around loud noises, protect them with earplugs or earmuffs or better still, avoid the noise.
- **Do you have concerns about your child's hearing?** Contact a [Public Health Unit Hearing Clinic](#) to arrange a hearing test for your child.

For more information contact:

- Your local [Public Health Unit](#) Hearing Clinic

**Hearing Clinics:**

Victoria 250-388-2250  
West Shore 250-519-3490  
Nanaimo 250-755-6200  
Courtenay 250-331-8526

Child, Youth and Family Community Health  
SN-HP-107-20-16 – Revised 2016-08-31

Workshop for Parents and Guardians of students in the WSANEC & Saanich School Districts

## Let's Talk About Drugs:

Learn about current trends related to youth substance use.

Strengthen your relationship with your teen.

Learn about practical resources and services that can help.



**May 23, 2017**

**7:00-8:30pm**

**Claremont Secondary School**

4980 Wesley Road, Victoria BC

On-line Registration (free):

<https://substanceeducation.eventbrite.com>

Information and discussion with:

Tracey Thompson, Harm Reduction Coordinator, Island Health  
Reg Fleming, Discovery Youth and Family Services, Island Health  
Cindy Andrew, Centre for Addictions Research of BC