

Random Acts of Kindness Board

Name: _____

Directions: After you complete one “Random Act of Kindness” activity, colour the appropriate box. Challenge yourself and see if you can get all 16 done in one week!

Write a positive note to a classmate	Push in someone’s chair	Hold a door open for someone	Help someone before they ask
Ask 2 people you don’t usually play with to join in a game at lunch recess	Say “hi” to someone new	Thank an adult in the school for something they do	Make a nice card for one or more adults in the school
Clean up after yourself	Clean up after someone else	Give a nice compliment to someone	Tidy your shared coat cupboard
Pick something up that someone has dropped	Walk in the hallway without disturbing anyone	Smile at someone who looks sad until they smile back	Do something nice for someone without being asked